



# BEDROCK

## EDUCATIONAL GYMNASTICS

# SPRING 2024 SCHEDULE



817-596-9689  
www.TheRockofSports.com

PRICES DO NOT INCLUDE \$45 ANNUAL REGISTRATION FEE



### Pebbles (9 mo-2 years)

40 min - \$86/monthly

Monday	5:40PM-6:20PM	Alexus
Tuesday	9:10AM-9:50AM	Piper
Wednesday	10:10AM-10:50AM	Piper
Saturday	9:50AM-10:30AM	TBA



### Stepping Stones (2-3 years)

40 min - \$86/monthly

Monday	9:00AM-9:40AM	Bethany
Monday	10:30AM-11:10AM	Piper
Monday	5:00PM-5:40PM	Freida
Tuesday	10:00AM-10:40AM	Piper
Tuesday	4:10PM-4:50PM	Sierra
Wednesday	10:00AM-10:40AM	Bethany
Wednesday	5:00PM-5:40PM	Freida
Wednesday	5:50PM-6:30PM	Freida
Thursday	9:50AM-10:30AM	Alexus
Thursday	6:10PM-6:50PM	Lynsie
Friday	5:40PM-6:20PM	Avery
Saturday	10:20AM-11:00AM	Avery



### Cobblestones (3 years)

40 min - \$86/monthly  
\*\*\*Must be potty trained

Monday	9:40AM-10:20AM	Piper
Monday	3:50PM-4:30PM	Alexus
Monday	4:20PM-5:00PM	Bethany
Monday	5:50PM-6:30PM	Freida
Monday	6:40PM-7:20PM	Freida
Tuesday	10:50AM-11:30AM	Piper
Tuesday	5:00PM-5:40PM	Alexus
Tuesday	6:00PM-6:40PM	Sierra
Wednesday	3:50PM-4:30PM	Alexus
Wednesday	4:10PM-4:50PM	Freida
Wednesday	6:50PM-7:30PM	Alexus
Thursday	9:00AM-9:40AM	Piper
Thursday	4:20PM-5:00PM	Alexus
Friday	5:10PM-5:50PM	TBA
Friday	6:00PM-6:40PM	TBA
Saturday	10:40AM-11:20AM	TBA



### Sandstones (4 years)

50 min - \$88/monthly

Monday	10:30AM-11:10AM	Piper
Monday	9:50AM-10:40AM	Bethany
Monday	4:00PM-4:50PM	Freida
Monday	4:40PM-5:30PM	Alexus
Tuesday	4:00PM-4:50PM	Alexus
Tuesday	5:00PM-5:50PM	Sierra
Tuesday	5:50PM-6:40PM	Alexus
Wednesday	9:00AM-9:50AM	Piper
Wednesday	9:00AM-9:55AM	Bethany
Wednesday	11:00AM-11:50AM	Piper
Wednesday	4:40PM-5:30PM	Alexus
Thursday	9:50AM-10:40AM	Piper
Thursday	5:10PM-6:00PM	Alexus
Friday	4:10PM-5:00PM	TBA
Friday	6:30PM-7:20PM	Avery
Saturday	11:10AM-12:00PM	Avery



### Flintstones (5 years)

60 min - \$88/monthly

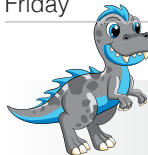
Monday	5:10PM- 6:10PM	Bethany
Monday	5:30PM- 6:30PM	Alexa
Tuesday	5:10PM- 6:10PM	Piper
Tuesday	6:50PM- 7:50PM	Alexus
Wednesday	5:40PM- 6:40 PM	Alexus
Thursday	9:50AM-10:40AM	Piper
Thursday	4:00PM- 5:00PM	Madison
Thursday	4:10PM- 5:10PM	Freida
Saturday	9:10AM-10:10AM	Avery
Saturday	11:10AM-12:10PM	Tarynn



### Boulders (Boys 4-5 years)

60 min - \$88/monthly

Monday	4:20PM- 5:20PM	Alexa
Friday	4:30PM-5:30PM	Avery



### Iron Men (Boys 3-6 years)

60 min - \$88/monthly

\*\* COACH INVITE ONLY - Advanced preschool class

Monday	6:30PM-7:30PM	Alden
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### Rockstars (Girls 3-6 years)

60 min - \$88/monthly

\*\* COACH INVITE ONLY - Advanced preschool class

Wednesday	4:20PM-5:20PM	Bethany
Thursday	5:10PM-6:10PM	Freida



**THE Rock Presch Open Gym**

**FRIDAY 9-11 AM**  
**WEDNESDAY 1-3 PM**

**AGES WALKING - 6 YRS**

**\$8 (PER HR) MEMBERS**  
**\$10 (PER HR) NON-MEMBERS**



**QUICK SAND**  
**PARENT'S NIGHT OUT**

**2ND FRIDAY OF EACH MONTH**

**7-11 PM | \$32**  
**Ages 3 (potty trained) - 12 yrs**

# SPRING 2024 SCHEDULE

## RECREATIONAL GYMNASTICS

AGES 6 YEARS - 18 YEARS • PRICES DO NOT INCLUDE \$45 ANNUAL REGISTRATION FEE



### GIRLS RECREATIONAL

#### Girls Beginner 1 (6-10 years) 60 min - \$88/month

Monday	4:10PM-5:10PM		Sierra
Monday	5:20PM-6:20PM		McKinley
Monday	6:30PM-7:30PM		McKinley
Tuesday	4:00PM-5:00PM		Mackinzi
Tuesday	5:10PM-6:10PM		McKinley
Tuesday	6:30PM-7:30PM		Sharon
Wednesday	4:00PM-5:00PM		Sierra
Wednesday	6:30PM-7:30PM		Alexa/Chelsey
Thursday	4:00PM-5:00PM		Sierra
Thursday	5:20PM-6:20PM		Piper
Thursday	6:30PM-7:30PM		Piper
Friday	4:00PM-5:00PM		Piper
Saturday	9:00AM-10:00AM		Tarynn
Saturday	10:10AM-11:10PM		Mackinzi

#### Girls Beginner 1 (6-18 yrs) 60 min - \$88/month


Tuesday	1:20PM-2:20PM		Tarynn
Thursday	1:30PM-2:30PM		Piper

#### SQUAD TEEN CLASS (11 yrs & Up) 60 min - \$126/month

Monday	6:30-8:00PM		Chelsey
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### BOYS RECREATIONAL

#### Boys Beginner (6-18 years) 60 min - \$88/month

Tuesday	1:00PM-2:00PM		Alden
Tuesday	4:40PM-5:40PM		Len
Tuesday	6:30-7:30PM		Tyler
Wednesday	4:20PM-5:20PM		Alden
Thursday	5:00PM-6:00PM		Tyler
Thursday	6:30-7:30PM		Len

#### \*\*Boys Intermediate (6-18 yrs) 90 min - \$126/month

Tuesday	5:50PM-7:20PM		Len
Thursday	1:30PM-3:00PM		Alden
Thursday	5:00PM-6:30PM		Len

## Everyday WE'RE TUMBLIN'

### TUMBLING & TRAMPOLINE

#### Momentum I (5-6 yrs) 50 min - \$88/month

Tuesday	4:20PM-5:10PM		Piper
Wednesday	4:50PM-5:40PM		Alexa
Wednesday	5:50PM-6:40PM		Alexa
Saturday	10:10AM-11:00AM		Tyler

#### Momentum II (7 & up) 60 min - \$88/month

Monday	4:00PM-5:00PM		Piper
Tuesday	5:40PM-6:40PM		Charley
Saturday	9:00AM-10:00AM		Tyler

#### Accelerator (7 & up) 60 min - \$88/month

Tuesday	4:30PM-5:30PM		Theresa
Thursday	6:40PM-7:40PM		Charley

#### \*\*Girls Beginner 2 (6-10 yrs) 60 min - \$88/month

Monday	5:20PM-6:20PM		Sierra
Monday	6:30PM-7:30PM		Sierra
Tuesday	4:00PM-5:00PM		Tarynn
Tuesday	5:10PM-6:10PM		Mackinzi
Wednesday	4:00PM-5:00PM		Piper
Wednesday	5:10PM-6:10PM		Sierra
Wednesday	6:30PM-7:30PM		Sierra
Thursday	4:00PM-5:00PM		Piper
Thursday	5:20PM-6:20PM		Sierra
Thursday	6:30PM-7:30PM		Sierra
Saturday	9:00AM-10:00AM		Piper

#### Girls Beginner 2 (6-18 yrs) 60 min - \$88/month

Monday	4:10PM-5:10PM		Mackinzi
Tuesday	1:20PM-2:20PM		Piper
Thursday	1:30PM-2:30PM		Tarynn

#### \*\*Girls Intermed (6-18 yrs) 90min - \$126/month

Tuesday-	1:20PM-2:20PM		Chelsey
Tuesday	6:20PM-7:50PM		Piper
Thursday	4:00PM-5:30PM		Piper



### NINJA KIDZ (CO-ED)

#### Beginner (6-8 yrs) 60 min - \$88/month

Tuesday	4:10PM-5:10PM		Tyler
Wednesday	4:10PM-5:10PM		Len
Wednesday	5:20PM-6:20PM		Len

#### Beginner (9-13 yrs) 60 min - \$88/month

Wednesday	6:30PM-7:30PM		Alden
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#### Beginner (6-13 yrs) 60 min - \$88/month

Thursday	1:30PM-2:30PM		Len
Tuesday	1:00PM-2:00PM		Len

\*\* COACH INVITE ONLY - Girls Beginner 2, Girls Intermediate, Boys Intermediate, Accelerator and Cheer Tumbling Intermediate/Advanced are advanced skills classes based on skills mastered in their perspective beginner classes. Evaluation needed to move into these classes.

### CHEER TUMBLING

#### Beginner (6-9 yrs) 60 min - \$88/month

Wednesday	4:00PM-5:00PM		Nate
Wednesday	5:10PM-6:10PM		Nate
Wednesday	6:20PM-7:20PM		Nate

#### Beginner (10 & Up) 60 min - \$88/month

Tuesday	6:50PM-7:50PM		Charley
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#### Beginner (6 & Up) 60 min - \$88/month

Saturday	10:10AM-11:10AM		Tarynn
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#### \*\*Intermed/Adv (6 & Up) 60 min - \$88/month

Monday	6:40PM-7:40PM		Charley
Tuesday	4:30PM-5:30PM		Charley